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**Bolt 5k, 10k & Half Marathon**  
**Result list**  
**27/03/2010**

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**Female 5K**

Rank	Name	Team	Start no.	Time	Behind
1	Jo Ramshaw	Bolt 5k	170	25:15	00:00
2	Philippa May	Bolt 5k	592	26:17	01:02
3	Eni Font Freide	Bolt 5k	65	27:17	02:02
4	VALERIE WILLIAMS	Bolt 5k	240	27:42	02:27
5	Tanya Baird	Bolt 5k	7	28:03	02:48
6	Timi Van Houten	Bolt 5k	223	28:41	03:26
7	Rebecca Cunliffe Bevelton	Bolt 5k	48	28:47	03:32
8	Emma Berry	Bolt 5k	14	29:01	03:46
9	Catherine Napper	Bolt 5k	150	29:37	04:22
10	Deborah Whelan	Bolt 5k	231	29:42	04:27
11	Jackilyn Whelan	Bolt 5k	232	29:43	04:28
12	Leslie Dumont	Bolt 5k	53	29:48	04:33
13	Gissele Leishman	Bolt 5k	129	29:55	04:40
14	Tracey Partridge	Bolt 5k	160	29:59	04:44
15	Sophie Gasson	Bolt 5k	75	30:11	04:56
16	Amanda Cowle	Bolt 5k	45	31:08	05:53
17	Karen Roberts	Bolt 5k	177	31:09	05:54
18	Karen Harvey	Bolt 5k	94	31:14	05:59
19	Carol Buss	Bolt 5k	37	31:22	06:07
20	Geraldine Arrigoni	Bolt 5k	5	31:23	06:08
21	Lindsey Bottle	Bolt 5k	24	31:24	06:09
22	Deborah Jenkinson	Bolt 5k	115	31:27	06:12
23	Melissa Lorch	Bolt 5k	133	31:32	06:17
24	Clare Melton	Bolt 5k	147	31:33	06:18
25	Marisa Marshall	Bolt 5k	140	31:37	06:22
26	Rebecca Lodge	Bolt 5k	131	31:40	06:25
27	Louisa Burtwell	Bolt 5k	36	31:45	06:30
	Josie Oldridge	Bolt 5k	155	31:45	06:30
29	Sarah Hunt	Bolt 5k	112	31:57	06:42
30	Janet Snowball	Bolt 5k	199	32:18	07:03
31	Kim Whitehair	Bolt 5k	235	32:22	07:07
32	Lizzie Leigh	Bolt 5k	128	32:24	07:09
33	Julia Thomas	Bolt 5k	212	32:28	07:13
	Rosie Gunn	Bolt 5k	85	32:28	07:13
35	Kerstin Hughes	Bolt 5k	111	32:36	07:21
36	Hannah Peric-Matthews	Bolt 5k	165	32:39	07:24
37	Kate Commerford	Bolt 5k	44	32:57	07:42
38	Laura Smithers	Bolt 5k	198	33:05	07:50
	Grace Sindall	Bolt 5k	192	33:05	07:50
40	Sarah Swarbreck	Bolt 5k	207	33:07	07:52
41	Jo Hudson	Bolt 5k	110	33:17	08:02
42	Nicki Francis	Bolt 5k	69	33:33	08:18
43	Hannah Regan	Bolt 5k	173	33:36	08:21

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## Bolt 5k, 10k & Half Marathon Result list 27/03/2010

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44	Helen Walker	Bolt 5k	226	33:42	08:27
45	Louise Garratt	Bolt 5k	74	33:43	08:28
46	Vicky Raby	Bolt 5k	169	33:45	08:30
47	Alex Priest	Bolt 5k	167	33:57	08:42
48	Zoe Bray	Bolt 5k	27	34:03	08:48
49	Tori Taylor	Bolt 5k	208	34:05	08:50
50	Kathy Seiflow	Bolt 5k	701	34:24	09:09
51	Laura Woolley	Bolt 5k	242	34:33	09:18
52	Candace Hack	Bolt 5k	86	34:36	09:21
53	Dagmar Middleditch	Bolt 5k	148	34:39	09:24
54	Katie Blizzard	Bolt 5k	17	34:49	09:34
55	Sonya Hack	Bolt 5k	87	34:50	09:35
56	Sarah Mahood	Bolt 5k	137	34:53	09:38
57	Lisa Westlake	Bolt 5k	228	34:58	09:43
58	Lynne Barley	Bolt 5k	9	35:01	09:46
59	Veena Sippy	Bolt 5k	193	35:02	09:47
60	Janet Soulsby	Bolt 5k	200	35:03	09:48
61	Sandra Hawkswell	Bolt 5k	96	35:04	09:49
62	Iwona Wojtasz	Bolt 5k	241	35:07	09:52
63	Amanda McCallum	Bolt 5k	143	35:09	09:54
64	Vicki Patterson	Bolt 5k	162	35:10	09:55
65	Melissa Juniper	Bolt 5k	119	35:11	09:56
66	Jo Walker	Bolt 5k	225	35:13	09:58
67	Sarah Sutherland	Bolt 5k	204	35:18	10:03
68	Kate Ghosh	Bolt 5k	79	35:25	10:10
69	Xander Font Freide	Bolt 5k	67	35:26	10:11
70	Gudrun Evans	Bolt 5k	60	35:28	10:13
71	Julie Rule	Bolt 5k	181	35:29	10:14
72	Tania Wishaw	Bolt 5k	233	35:32	10:17
73	Judy Hawes	Bolt 5k	95	35:36	10:21
74	Kate Hone	Bolt 5k	104	35:40	10:25
75	Lesley Fairplay	Bolt 5k	61	35:41	10:26
76	Victoria Ingham	Bolt 5k	529	35:43	10:28
77	ELIZABETH ROBINSON	Bolt 5k	179	35:58	10:43
	Sophie Hancock	Bolt 5k	92	35:58	10:43
79	Gabrielle -1	Bolt 5k	216	36:00	10:45
80	Debbie Huddleson	Bolt 5k	109	36:05	10:50
81	Helen Turnbull	Bolt 5k	220	36:06	10:51
82	Lee Searle	Bolt 5k	187	36:08	10:53
	Emma Ruby	Bolt 5k	180	36:08	10:53
84	Angela Bishop	Bolt 5k	15	36:10	10:55
85	Katy Booker	Bolt 5k	23	36:11	10:56
86	Monica Geraghty	Bolt 5k	77	36:17	11:02
87	Suzi Hall	Bolt 5k	90	36:19	11:04
88	Mugs Samuel	Bolt 5k	182	36:20	11:05
89	Dawn Ballinger	Bolt 5k	8	36:22	11:07

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90	Vicky Adams	Bolt 5k	1	36:26	11:11
91	Jackie Dane	Bolt 5k	49	36:28	11:13
92	Bethan Douglas	Bolt 5k	51	36:29	11:14
93	Allison Bishop	Bolt 5k	16	36:32	11:17
94	Ilse Van Boven	Bolt 5k	222	36:33	11:18
95	RUTH WAGHORN	Bolt 5k	224	36:37	11:22
96	Lucy Cannon	Bolt 5k	39	37:09	11:54
97	Charlotte Hopkins	Bolt 5k	105	37:19	12:04
98	Sue Rayment	Bolt 5k	172	37:24	12:09
99	Emily Tilbrook	Bolt 5k	213	37:25	12:10
100	Jessie Richards	Bolt 5k	174	37:33	12:18
101	Cyndi Entwisle	Bolt 5k	949	37:56	12:41
102	Sarah Fuys	Bolt 5k	969	37:57	12:42
103	Elizabeth Brown	Bolt 5k	313	38:01	12:46
104	Heather Whitver	Bolt 5k	237	38:08	12:53
105	Elaine Penfold	Bolt 5k	163	38:22	13:07
	Tai Frater	Bolt 5k	71	38:22	13:07
107	Kim Speake	Bolt 5k	201	38:29	13:14
108	Clare Stacey	Bolt 5k	203	38:31	13:16
109	Doreen Packham	Bolt 5k	157	38:32	13:17
110	Diane Porter	Bolt 5k	166	38:33	13:18
	Louisa Tolley	Bolt 5k	214	38:33	13:18
112	Myranda Mowafi	Bolt 5k	149	38:51	13:36
113	Emily Kerr	Bolt 5k	123	38:54	13:39
114	Jayne Grant	Bolt 5k	82	39:04	13:49
115	Abi Shaw	Bolt 5k	191	39:24	14:09
116	Kathryn Scott	Bolt 5k	186	39:26	14:11
	June Beckett	Bolt 5k	12	39:26	14:11
118	Penny Neat	Bolt 5k	151	39:30	14:15
119	Sara Browne	Bolt 5k	29	40:02	14:47
120	Ronnie Burgess	Bolt 5k	31	40:07	14:52
121	Samantha Guinane	Bolt 5k	480	40:38	15:23
122	Jen Proudfoot	Bolt 5k	168	40:44	15:29
123	Briony Hancock	Bolt 5k	91	41:07	15:52
124	Daksha Shah	Bolt 5k	190	41:25	16:10
125	Gill Skan	Bolt 5k	194	41:39	16:24
	Becky See	Bolt 5k	189	41:39	16:24
127	Shelby Richards	Bolt 5k	175	42:00	16:45
128	Gillian Bayes	Bolt 5k	11	43:39	18:24
129	Nicky Hutchison	Bolt 5k	526	44:19	19:04
130	Jennifer John	Bolt 5k	116	44:20	19:05
131	Kirsty Arnold	Bolt 5k	4	44:34	19:19
132	Sylvia Grant	Bolt 5k	83	1:04:20	39:05
133	Cheryl Dookie	Bolt 5k	394	1:23:47	58:32
Finished133		Entered: 181	Started: 179		

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**Result list**  
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**Male 5K**

Rank	Name	Team	Start no.	Time	Behind
1	James Fletcher	Bolt 5k	62	19:31	00:00
2	Ross Whitehead	Bolt 5k	236	20:16	00:45
3	Miles Seavill	Bolt 5k	188	20:50	01:19
4	Mike Long	Bolt 5k	132	22:01	02:30
5	Paul Ramshaw	Bolt 5k	171	22:03	02:32
6	Daniel Cade	Bolt 5k	38	22:17	02:46
7	John Burton	Bolt 5k	35	22:56	03:25
8	Daniel Williams	Bolt 5k	239	23:21	03:50
9	Joel Swan	Bolt 5k	206	24:07	04:36
10	Sebastian Lucas	Bolt 5k	134	24:25	04:54
11	Sam Gasson	Bolt 5k	76	24:52	05:21
12	Ian Crossley	Bolt 5k	47	25:03	05:32
13	David Hicks	Bolt 5k	100	25:55	06:24
	Richard Newbiggin	Bolt 5k	153	25:55	06:24
15	Sam Hancock	Bolt 5k	93	26:16	06:45
16	Mason El-Hage	Bolt 5k	58	26:27	06:56
17	Taylor El-Hage	Bolt 5k	57	26:28	06:57
18	Nick Bloxham	Bolt 5k	18	27:09	07:38
19	Jordan Hoyle	Bolt 5k	108	27:48	08:17
20	Mike Jeffery	Bolt 5k	114	27:51	08:20
21	Martin Norton	Bolt 5k	154	28:07	08:36
22	Graham Maher	Bolt 5k	136	28:16	08:45
23	Steve King	Bolt 5k	124	28:29	08:58
	Roger Smithers	Bolt 5k	197	28:29	08:58
25	Noah Le Moine	Bolt 5k	127	28:31	09:00
26	Justin Burns	Bolt 5k	33	29:16	09:45
27	Jake Tuppen	Bolt 5k	219	29:17	09:46
28	Andy Docherty	Bolt 5k	50	29:23	09:52
29	Andrew Barnett	Bolt 5k	10	29:26	09:55
30	Mat Ganderton	Bolt 5k	73	29:28	09:57
31	Andy Partridge	Bolt 5k	161	29:59	10:28
32	Will Saunders	Bolt 5k	184	30:00	10:29
33	Joep Font Freide	Bolt 5k	64	30:08	10:37
34	Edward Font Freide	Bolt 5k	66	30:38	11:07
35	George Scott	Bolt 5k	185	31:11	11:40
36	Paul White	Bolt 5k	238	31:29	11:58
37	John Smith	Bolt 5k	195	31:37	12:06
38	Philip Bedos	Bolt 5k	13	32:34	13:03
39	Russell Matthews	Bolt 5k	141	32:40	13:09
40	John Down	Bolt 5k	52	33:57	14:26
41	Luke O'Neil	Bolt 5k	156	34:28	14:57
	Peter Packham	Bolt 5k	158	34:28	14:57
43	Neil Edson	Bolt 5k	55	35:04	15:33

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44	Angus McCallum	Bolt 5k	144	35:07	15:36
45	Robin Ghosh	Bolt 5k	78	35:26	15:55
46	Richard Dunsmore	Bolt 5k	54	35:30	15:59
47	Nick Wishaw	Bolt 5k	234	35:32	16:01
48	Barry Knight	Bolt 5k	126	35:56	16:25
49	Mark Gould	Bolt 5k	81	37:41	18:10
50	David Trenberth	Bolt 5k	215	39:21	19:50
51	Peter Wallace	Bolt 5k	227	39:50	20:19
52	Paul Hepworth	Bolt 5k	97	42:01	22:30
53	Robbie Burns	Bolt 5k	34	42:06	22:35
54	Tony Clark	Bolt 5k	346	53:16	33:45
55	Warwick Brench	Bolt 5k	28	1:04:19	44:48
DNF	Robert Keating	Bolt 5k	121		
DNF	Richard Gray	Bolt 5k	84		
Finished55		Entered: 68		Started: 68	

**Female 10K**

Rank	Name	Team	Start no.	Time	Behind
1	Kim Mazzucca	Bolt 10k(with Dog)	596	39:35	00:00
2	Anna Sharpe	Bolt 10k	706	42:20	02:45
3	Lucy Snowball	Bolt 10k	729	44:29	04:54
4	Nicky Way	Bolt 10k	792	45:21	05:46
5	Cushla Lamén	Bolt 10k(with Dog)	560	45:30	05:55
6	Nelly Hall	Bolt 10k	487	45:46	06:11
7	Anna Hindle	Bolt 10k	512	46:25	06:50
8	JUSTINE MCMILLAN	Bolt 10k	601	47:17	07:42
9	Yasmin Goater	Bolt 10k	465	47:56	08:21
10	Stephanie Upton	Bolt 10k	768	48:08	08:33
11	Bryony Errington	Bolt 10k	424	48:25	08:50
12	Kate Harris	Bolt 10k	498	48:31	08:56
13	Susannah Steel	Bolt 10k	735	48:45	09:10
14	Angela Epps	Bolt 10k	423	49:10	09:35
15	Nicola James	Bolt 10k	536	49:21	09:46
16	Caroline Cox	Bolt 10k	371	49:29	09:54
	Jasmine Clark	Bolt 10k	345	49:29	09:54
18	Sandra Norwood	Bolt 10k	637	49:37	10:02
19	Helen Cane	Bolt 10k	331	51:12	11:37
20	Gail Walker	Bolt 10k	776	51:14	11:39
21	Michaela Searchfield	Bolt 10k	699	51:19	11:44
22	Anne Connell	Bolt 10k	363	51:33	11:58
23	Jayne Jefferies	Bolt 10k	538	51:55	12:20
	JULIE MILTON	Bolt 10k	827	51:55	12:20
25	Beth Tuppen	Bolt 10k	218	52:03	12:28
26	Charlotte Barton	Bolt 10k	279	52:42	13:07

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27	Hannah Willoughby	Bolt 10k	816	53:02	13:27
	Amanda Flowerday	Bolt 10k	63	53:02	13:27
29	Emma Woodward	Bolt 10k	822	53:25	13:50
30	Samantha Taylor	Bolt 10k	749	53:31	13:56
31	Elaine Andrews	Bolt 10k	261	53:33	13:58
32	Rachel Harris	Bolt 10k	497	53:44	14:09
33	Sarah Lewis	Bolt 10k	569	53:55	14:20
34	Lindsay Walls	Bolt 10k	779	54:03	14:28
35	Charlie Gray	Bolt 10k	473	54:12	14:37
36	Sarah Short	Bolt 10k	713	54:16	14:41
37	Gemma Phillips	Bolt 10k	656	54:17	14:42
38	Jo Loudon	Bolt 10k	573	54:18	14:43
39	Helen Wallace	Bolt 10k	777	54:26	14:51
40	Karen Collins	Bolt 10k	356	54:43	15:08
	Naomi Hodges	Bolt 10k	102	54:43	15:08
42	Georgina Scholey	Bolt 10k	694	54:49	15:14
43	Helen Watson	Bolt 10k	787	54:51	15:16
44	Charlotte Cooke-Priest	Bolt 10k	367	54:56	15:21
45	JO Price	Bolt 10k	665	54:57	15:22
46	Debbie Addison	Bolt 10k	253	55:02	15:27
47	Kate Betteridge	Bolt 10k	290	55:08	15:33
48	Emma Turner	Bolt 10k	765	55:15	15:40
49	Becky Tovey	Bolt 10k	758	55:19	15:44
50	Abigail Greaves	Bolt 10k	476	55:24	15:49
51	Amy Morris	Bolt 10k	618	55:26	15:51
52	Sarah Gale	Bolt 10k	451	55:27	15:52
53	Emma Bennett	Bolt 10k	286	55:32	15:57
54	Vikki Humphries	Bolt 10k	524	55:46	16:11
55	Helen Bryant	Bolt 10k	316	55:49	16:14
	Laura Wright	Bolt 10k	823	55:49	16:14
57	Kerry Scott	Bolt 10k	698	55:59	16:24
58	Clare Grindrod	Bolt 10k	479	56:12	16:37
59	Alex Freeman	Bolt 10k	443	56:35	17:00
60	Catherine Evans	Bolt 10k	428	56:38	17:03
61	Claudia McKenzie	Bolt 10k	600	56:54	17:19
62	Sara Acworth	Bolt 10k	251	56:56	17:21
63	Venetia Grimmett	Bolt 10k	478	57:09	17:34
64	Hermione Newman	Bolt 10k	629	57:20	17:45
	Nicky Young	Bolt 10k	825	57:20	17:45
66	Helen Hoyle	Bolt 10k	523	57:27	17:52
67	Catherine Levin	Bolt 10k	568	57:28	17:53
68	Emily Rowland	Bolt 10k	687	57:34	17:59
69	Anne-Marie Mason	Bolt 10k	587	57:41	18:06
70	Tricia Borgnis	Bolt 10k	304	57:48	18:13
71	Nicola Scivier	Bolt 10k	697	57:56	18:21
72	Rachael Way	Bolt 10k	791	58:06	18:31

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73	Ruth Eastwood	Bolt 10k	413	58:16	18:41
74	Georgina Cooke-Priest	Bolt 10k	366	58:18	18:43
	Nora Albertini	Bolt 10k	255	58:18	18:43
76	Julie Peters	Bolt 10k	655	58:24	18:49
77	Jo Leatham	Bolt 10k	564	58:25	18:50
78	Mivy James	Bolt 10k	534	58:55	19:20
79	Kelly Burnett	Bolt 10k	323	58:56	19:21
	Julie Law	Bolt 10k	563	58:56	19:21
81	Nina Muir	Bolt 10k	622	59:02	19:27
82	Jo Booton	Bolt 10k	302	59:12	19:37
83	Jackie West	Bolt 10k	796	59:15	19:40
84	Nicola Collinson	Bolt 10k	359	59:26	19:51
85	Fiona Jeynes	Bolt 10k	541	59:28	19:53
86	Katie Armstrong	Bolt 10k	264	59:33	19:58
87	Alyson Noble	Bolt 10k	635	59:34	19:59
88	Clive Watson	Bolt 10k	788	59:41	20:06
89	Sonia Lucas	Bolt 10k	578	59:44	20:09
90	Susan Clay	Bolt 10k	350	59:50	20:15
	Anne Colgan	Bolt 10k	354	59:50	20:15
92	Zoey Sage	Bolt 10k	692	59:53	20:18
93	Natalie Blake	Bolt 10k	294	59:54	20:19
94	Laura Toplis	Bolt 10k	755	59:55	20:20
95	Joanne Fisken	Bolt 10k	436	59:57	20:22
96	Steph Wilkins	Bolt 10k	805	1:00:00	20:25
97	Louise Neave	Bolt 10k	627	1:00:03	20:28
98	Ruth Andrews	Bolt 10k	260	1:00:13	20:38
99	Liz Crow	Bolt 10k	379	1:00:15	20:40
100	Emma Jackson	Bolt 10k	532	1:00:16	20:41
	Catherine Lowe	Bolt 10k	576	1:00:16	20:41
102	Amy Murphy-Watts	Bolt 10k	624	1:00:28	20:53
103	Shirl Parker	Bolt 10k	644	1:00:34	20:59
104	Sarah Diplock	Bolt 10k	391	1:00:41	21:06
105	Mel Giles	Bolt 10k	461	1:00:45	21:10
106	Caroline Steele	Bolt 10k	736	1:00:48	21:13
107	Jane Walton	Bolt 10k	782	1:01:03	21:28
108	Emma Toulson	Bolt 10k	757	1:01:04	21:29
	Emma Treeby	Bolt 10k	759	1:01:04	21:29
	Rebecca Chambers	Bolt 10k	337	1:01:04	21:29
111	Sharmy Beaumont	Bolt 10k	283	1:01:06	21:31
	Dyana Rush	Bolt 10k	691	1:01:06	21:31
113	Sarah Gouldsmith	Bolt 10k	470	1:01:14	21:39
114	Emma Hawksley	Bolt 10k	502	1:01:15	21:40
115	Kathy Conradi	Bolt 10k	364	1:01:17	21:42
116	Estelle Rahman	Bolt 10k	671	1:01:36	22:01
117	Joanna Chipperfield	Bolt 10k	342	1:01:54	22:19
118	Giulia Pirrone	Bolt 10k	659	1:01:56	22:21

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119	Nikki Blake	Bolt 10k	296	1:01:59	22:24
120	Jo Douet	Bolt 10k	395	1:02:05	22:30
121	Nikki Bartlett	Bolt 10k	277	1:02:12	22:37
122	Eleanor Sinclair	Bolt 10k	718	1:02:34	22:59
123	Keri James	Bolt 10k	535	1:02:35	23:00
124	Molly Tuppen	Bolt 10k	764	1:02:42	23:07
125	Leigh Dowling	Bolt 10k	397	1:02:45	23:10
126	Catherine Pedler	Bolt 10k	652	1:02:47	23:12
127	Helen Jacob	Bolt 10k	533	1:02:51	23:16
128	Elisa Everitt	Bolt 10k	429	1:03:01	23:26
129	Laura Clarke	Bolt 10k	348	1:03:07	23:32
130	Philippa Nichols	Bolt 10k	633	1:03:08	23:33
131	Elise Shearan	Bolt 10k	708	1:03:13	23:38
132	Julia Collingburn	Bolt 10k	355	1:03:14	23:39
	Flo Parker	Bolt 10k	645	1:03:14	23:39
134	Sarah Conway	Bolt 10k	365	1:03:23	23:48
	Natalie Fitzpatrick	Bolt 10k	437	1:03:23	23:48
	Lisa Crook	Bolt 10k	376	1:03:23	23:48
137	Susannah Wigg	Bolt 10k	803	1:03:52	24:17
	Emma Lyons	Bolt 10k	579	1:03:52	24:17
139	Keely Edwards	Bolt 10k	417	1:04:06	24:31
140	Sophie Mckendry	Bolt 10k	599	1:04:08	24:33
141	Charlotte Anayi	Bolt 10k	258	1:04:14	24:39
142	Vicky Edwards	Bolt 10k	418	1:04:19	24:44
	Nicci Meyer	Bolt 10k	608	1:04:19	24:44
144	Jacquie Wakeford	Bolt 10k	774	1:04:26	24:51
145	Amber Jack	Bolt 10k	530	1:04:27	24:52
	Catherine Cooper	Bolt 10k	368	1:04:27	24:52
147	Mary New	Bolt 10k	628	1:04:28	24:53
148	Alison Duguid	Bolt 10k	407	1:04:34	24:59
149	Karen Marsh	Bolt 10k	582	1:04:36	25:01
	Dawn Wattis	Bolt 10k	789	1:04:36	25:01
151	Sara Reed	Bolt 10k	673	1:04:41	25:06
152	Irene Clifton	Bolt 10k	351	1:04:42	25:07
153	Barbara Gillingwater	Bolt 10k	464	1:04:53	25:18
154	Jen Veevers	Bolt 10k	769	1:04:55	25:20
155	Nathalie Lucas	Bolt 10k	577	1:04:56	25:21
156	Alison Allen	Bolt 10k	256	1:04:59	25:24
157	Sam Whistlecroft	Bolt 10k	799	1:05:05	25:30
	Nicola Markham	Bolt 10k	580	1:05:05	25:30
159	Kim McCoy-Page	Bolt 10k	598	1:05:06	25:31
	Rosalind Hook	Bolt 10k	517	1:05:06	25:31
161	Stephanie Ellis	Bolt 10k	421	1:05:09	25:34
162	Kate Dunn	Bolt 10k	409	1:05:12	25:37
163	Marian Chittenden	Bolt 10k	344	1:05:24	25:49
	Lynn Gilding	Bolt 10k	459	1:05:24	25:49

# Bolt 5k, 10k & Half Marathon

## Result list

### 27/03/2010

	Justine Whitworth	Bolt 10k	801	1:05:24	25:49
166	Sue Comfort	Bolt 10k	361	1:05:37	26:02
167	Katie Stebbing	Bolt 10k	733	1:05:40	26:05
168	Gemma Palmer	Bolt 10k	643	1:05:44	26:09
169	Kate Holroyd Smith	Bolt 10k	516	1:06:00	26:25
170	Maria Knights	Bolt 10k	558	1:06:01	26:26
171	Lisa Vis	Bolt 10k	771	1:06:08	26:33
172	Amanda Keogh	Bolt 10k	550	1:06:14	26:39
173	Sharon Ewer	Bolt 10k	953	1:06:15	26:40
	Bernadette Richardson	Bolt 10k	680	1:06:15	26:40
175	Vicki Thomas	Bolt 10k	752	1:06:16	26:41
176	Anna Somerville	Bolt 10k(with Dog)	731	1:06:18	26:43
177	Jennie Jones	Bolt 10k	1025	1:06:21	26:46
178	Kay Bowen	Bolt 10k	305	1:06:23	26:48
179	Joanna Sims	Bolt 10k	717	1:06:35	27:00
	Emma Wegrell	Bolt 10k	794	1:06:35	27:00
181	Katie Reader	Bolt 10k	672	1:06:41	27:06
182	Unknown runner with etag 421	Bolt 10k	0	1:07:04	27:29
183	Helen Gothard	Bolt 10k	469	1:07:06	27:31
184	Debbie Williams	Bolt 10k	809	1:07:07	27:32
	Leigh Rennie	Bolt 10k	676	1:07:07	27:32
186	Hilary Shaw	Bolt 10k	707	1:07:15	27:40
187	Lucy Giles	Bolt 10k	460	1:07:31	27:56
188	Jill Trowell	Bolt 10k	760	1:07:32	27:57
189	Jackie Marten	Bolt 10k	583	1:07:46	28:11
	Dawn Segrue	Bolt 10k	700	1:07:46	28:11
191	Helene Mayland	Bolt 10k	595	1:07:49	28:14
192	Karen Spittle	Bolt 10k	732	1:08:00	28:25
	Cindy Porter	Bolt 10k	663	1:08:00	28:25
194	Rebecca Avenell	Bolt 10k	271	1:08:11	28:36
195	Yvette Piggott	Bolt 10k	658	1:08:12	28:37
196	Lynn Egan	Bolt 10k	419	1:08:19	28:44
197	Tamsin Woodland	Bolt 10k	820	1:08:25	28:50
198	Christine Gomm	Bolt 10k	467	1:08:36	29:01
199	Laura Graham	Bolt 10k	471	1:08:38	29:03
200	Alice Cherry	Bolt 10k	340	1:09:04	29:29
	Sarah May	Bolt 10k	591	1:09:04	29:29
202	Catherine Warrington	Bolt 10k	785	1:09:13	29:38
203	Alison Newton-Price	Bolt 10k	631	1:09:26	29:51
204	Lydia Kinley	Bolt 10k	555	1:09:33	29:58
205	Christine Hewson	Bolt 10k	508	1:09:45	30:10
206	Philippa Meares	Bolt 10k	605	1:09:54	30:19
207	Gayle Clarke	Bolt 10k	349	1:10:03	30:28
208	Anna Burns	Bolt 10k	325	1:10:07	30:32
209	Caroline Ball	Bolt 10k	274	1:10:08	30:33
210	Gerri Besgrove	Bolt 10k	289	1:10:43	31:08

# Bolt 5k, 10k & Half Marathon

## Result list

### 27/03/2010

211	Jo Thomas	Bolt 10k	751	1:10:50	31:15
	Jane Haugvik	Bolt 10k	500	1:10:50	31:15
213	Fiona Carle	Bolt 10k	333	1:10:56	31:21
214	Sharon Swanston	Bolt 10k	745	1:11:13	31:38
215	Jessica Smith	Bolt 10k	722	1:11:20	31:45
216	Lizzie Atkinson	Bolt 10k	266	1:11:41	32:06
217	Rebecca Hard	Bolt 10k	493	1:11:43	32:08
218	Joanna Wiggins	Bolt 10k	804	1:12:17	32:42
219	Suzanne Hoslett	Bolt 10k	1009	1:12:53	33:18
220	Jenny Scivier	Bolt 10k	695	1:13:05	33:30
221	Nikki Dines	Bolt 10k	389	1:13:34	33:59
222	Sarah Penfold	Bolt 10k	653	1:13:47	34:12
223	Debbie Egerton	Bolt 10k	420	1:13:59	34:24
224	Sally Smythson	Bolt 10k	725	1:14:07	34:32
225	Sally Tipper	Bolt 10k	753	1:14:12	34:37
226	Nuala Bennetts	Bolt 10k	288	1:14:19	34:44
227	Sandra Bartlett	Bolt 10k	869	1:14:38	35:03
228	Angela Wood	Bolt 10k	818	1:14:50	35:15
229	Emma Herbert	Bolt 10k	506	1:14:59	35:24
	Claire Hollander	Bolt 10k	514	1:14:59	35:24
231	Karen Stewart	Bolt 10k	740	1:16:02	36:27
	Helena Hewson	Bolt 10k	509	1:16:02	36:27
233	Brenda Davis	Bolt 10k	387	1:16:27	36:52
234	Tracy Bithell	Bolt 10k	292	1:16:51	37:16
235	Katherine Duff	Bolt 10k	405	1:17:02	37:27
	Charlotte Harrison	Bolt 10k	499	1:17:02	37:27
237	Dot Jaques	Bolt 10k	537	1:17:16	37:41
238	Jackie Fieldus	Bolt 10k	433	1:17:40	38:05
239	Alice Norgate	Bolt 10k	636	1:18:19	38:44
240	Sarah Burley	Bolt 10k	321	1:18:52	39:17
241	Eileen Heyes	Bolt 10k	510	1:19:37	40:02
242	Samantha Cain	Bolt 10k	329	1:20:09	40:34
243	Jo Burdett	Bolt 10k	318	1:20:44	41:09
244	Judith Palmer	Bolt 10k	641	1:20:54	41:19
245	Susan Hammond	Bolt 10k	490	1:23:06	43:31
246	Hana Mitchell	Bolt 10k	613	1:30:12	50:37
	Steph Mitchell	Bolt 10k	612	1:30:12	50:37
248	Paula Burnett	Bolt 10k	322	1:32:13	52:38
DNF	Vicki Simpson	Bolt 10k	715		
DNF	Alison Curtis	Bolt 10k	382		
DNF	Kathryn Winfield	Bolt 10k	817		
Finished248		Entered: 309		Started: 309	

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**Bolt 5k, 10k & Half Marathon**  
**Result list**  
**27/03/2010**

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**Male 10Km**

Rank	Name	Team	Start no.	Time	Behind
1	Mark Dunbar	Bolt 10k(with Dog)	408	37:53	00:00
2	Rafal Nowak	Bolt 10k	639	38:01	00:08
3	Nigel Notley	Bolt 10k	638	38:37	00:44
4	William Auger	Bolt 10k	270	38:39	00:46
5	Martin Haylock	Bolt 10k	504	38:47	00:54
6	Kris Rush	Bolt 10k	690	39:33	01:40
7	Matthew Sims	Bolt 10k	716	40:17	02:24
8	Tom Porter	Bolt 10k	661	40:56	03:03
9	Peter Blackaller	Bolt 10k	293	41:02	03:09
10	Christopher Eastman	Bolt 10k	412	41:18	03:25
11	Nigel Jones	Bolt 10k	543	42:08	04:15
12	Paul Adams	Bolt 10k	252	42:19	04:26
13	Adam Pierce	Bolt 10k	657	43:49	05:56
14	Tom May	Bolt 10k	593	43:52	05:59
15	Simon Jackson	Bolt 10k	531	43:57	06:04
16	Stephen Riglar	Bolt 10k	681	44:08	06:15
17	Ben Roseveare	Bolt 10k	686	44:12	06:19
18	Mark Snowball	Bolt 10k	727	44:35	06:42
19	Anthony Goddard	Bolt 10k	466	45:17	07:24
20	Ben Walls	Bolt 10k	778	45:21	07:28
21	Simon Lamén	Bolt 10k(with Dog)	559	45:38	07:45
22	Craig Etherton	Bolt 10k	425	45:57	08:04
23	James Dover	Bolt 10k	396	46:07	08:14
24	Mike Morton	Bolt 10k	620	46:12	08:19
25	Paul Hinxman	Bolt 10k	513	46:13	08:20
26	Marlon Driver	Bolt 10k	401	46:20	08:27
27	Andrew May	Bolt 10k	590	46:23	08:30
28	Adam Burger	Bolt 10k	319	46:24	08:31
29	Simon Bray	Bolt 10k	309	46:31	08:38
30	Richard Gamber	Bolt 10k	452	46:43	08:50
31	Rob Key	Bolt 10k	552	46:50	08:57
32	Roderick Nairn	Bolt 10k	625	46:52	08:59
33	Thom Reynolds	Bolt 10k	677	47:03	09:10
34	Charlie Markham	Bolt 10k	581	47:15	09:22
35	Josh Mehta	Bolt 10k	606	47:17	09:24
36	James Whelan	Bolt 10k	798	47:21	09:28
37	Malcolm Fitzsimmons	Bolt 10k	438	47:24	09:31
38	Jolyon Crow	Bolt 10k	380	47:29	09:36
39	Darren Middleditch	Bolt 10k(with Dog)	609	47:30	09:37
40	Peter Gilbert	Bolt 10k	458	47:47	09:54
41	Alex Morton	Bolt 10k	621	47:52	09:59
42	Christopher Scivier	Bolt 10k	696	48:07	10:14
43	Gareth Gumbley	Bolt 10k	482	48:18	10:25

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## Bolt 5k, 10k & Half Marathon Result list 27/03/2010

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44	Andrew Tunstall	Bolt 10k	763	48:26	10:33
	David Tyers	Bolt 10k	767	48:26	10:33
46	David Fenton	Bolt 10k	431	48:37	10:44
47	Tim Ansell	Bolt 10k	262	48:41	10:48
	Keith Attfield	Bolt 10k	268	48:41	10:48
49	Brian Attfield	Bolt 10k	269	48:53	11:00
50	Marc Bastian	Bolt 10k	280	48:54	11:01
51	Chris Raby	Bolt 10k	668	49:10	11:17
52	Tim Hawes	Bolt 10k	501	49:11	11:18
53	Elliot Lancashire	Bolt 10k	561	49:22	11:29
54	Adam Cox	Bolt 10k	372	49:37	11:44
55	Stuart Williamson	Bolt 10k	814	49:42	11:49
56	Wayne Howard	Bolt 10k	522	49:50	11:57
57	Peter Kidwell	Bolt 10k	553	49:53	12:00
58	Anthony Craven	Bolt 10k	374	50:00	12:07
59	David Sibbert	Bolt 10k	714	50:02	12:09
60	Dominic Walton	Bolt 10k	783	50:03	12:10
61	Andrew Cross	Bolt 10k	377	50:07	12:14
62	George Mayhew	Bolt 10k	594	50:13	12:20
63	Nick Hamer	Bolt 10k	488	50:27	12:34
64	Bill Smith	Bolt 10k	723	50:29	12:36
65	Roderick Reid	Bolt 10k	675	50:37	12:44
66	Paul Talman	Bolt 10k	746	50:41	12:48
	Malcolm Bllgart	Bolt 10k	291	50:41	12:48
68	Daniel Gullon	Bolt 10k	481	50:42	12:49
69	Mark Selby	Bolt 10k	702	50:54	13:01
70	Miles Meacock	Bolt 10k	603	50:56	13:03
71	Craig Pearce	Bolt 10k	651	50:58	13:05
72	Adam Pearce	Bolt 10k	650	50:59	13:06
73	Dean Stevens	Bolt 10k	737	51:01	13:08
74	Graham Ashby	Bolt 10k	265	51:13	13:20
75	Derry Walker	Bolt 10k	775	51:15	13:22
76	Mike Kirby	Bolt 10k	557	51:32	13:39
77	Grant Walters	Bolt 10k	780	51:37	13:44
78	David Youngs	Bolt 10k	826	51:39	13:46
79	Tom Gray	Bolt 10k	474	51:42	13:49
	Jack Hargreaves	Bolt 10k	496	51:42	13:49
81	Antony Barton	Bolt 10k	278	51:47	13:54
82	Clive Grant	Bolt 10k	472	51:50	13:57
	Joel Gray	Bolt 10k	475	51:50	13:57
84	Guy Bransby	Bolt 10k	308	51:55	14:02
85	Paddy Payne	Bolt 10k	647	52:01	14:08
86	Hamish Frater	Bolt 10k	442	52:11	14:18
87	Andy Amiss	Bolt 10k	257	52:29	14:36
88	Ben Belassie	Bolt 10k	284	52:34	14:41
89	Harry Stevens	Bolt 10k	738	53:01	15:08

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**Bolt 5k, 10k & Half Marathon**  
**Result list**  
**27/03/2010**

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90	Nick Earl	Bolt 10k	411	53:21	15:28
	Tim Grey	Bolt 10k	477	53:21	15:28
92	Lee Carley	Bolt 10k	334	53:25	15:32
93	Okke Engelsma	Bolt 10k	422	53:30	15:37
94	Thomas Moore	Bolt 10k	616	53:39	15:46
95	Chris May	Bolt 10k	589	53:44	15:51
96	James Quirke	Bolt 10k	667	53:50	15:57
97	Brian Neat	Bolt 10k	626	53:53	16:00
98	Steve Frost	Bolt 10k	446	53:59	16:06
99	Andrew Kamm	Bolt 10k	546	54:03	16:10
100	Roy Hancock	Bolt 10k	491	54:06	16:13
101	Alexis Colombo	Bolt 10k	360	54:16	16:23
102	Leslie Boxall	Bolt 10k	307	54:18	16:25
103	Nick Baxter	Bolt 10k	282	54:21	16:28
104	Kit Davies	Bolt 10k	384	54:26	16:33
105	James Steel	Bolt 10k	734	54:27	16:34
106	Paul Smitherman	Bolt 10k	724	54:29	16:36
107	Jon Rowlatt	Bolt 10k	688	54:31	16:38
108	Richard Watts	Bolt 10k	790	54:36	16:43
109	John Carter	Bolt 10k	335	54:37	16:44
110	Simon Fahey	Bolt 10k	430	54:46	16:53
111	JON WILLIAMS	Bolt 10k	811	54:56	17:03
112	Stephen Cottrell	Bolt 10k	370	55:10	17:17
113	Martin Turner	Bolt 10k	766	55:14	17:21
114	Daniel Walton	Bolt 10k	781	55:16	17:23
115	Simon Woodcock	Bolt 10k	819	55:18	17:25
116	Jonathan Ball	Bolt 10k	273	55:42	17:49
117	Harvey Wickham	Bolt 10k	802	56:19	18:26
118	Neil Trussler	Bolt 10k	762	56:22	18:29
119	Hilton Williams	Bolt 10k	1181	56:27	18:34
	Alan Snowball	Bolt 10k	728	56:27	18:34
121	Martin Robson	Bolt 10k	684	56:32	18:39
122	Nick Dray	Bolt 10k	399	56:47	18:54
123	Tim Weeks	Bolt 10k	793	56:51	18:58
124	Mark Baldwin	Bolt 10k	272	57:07	19:14
125	Rob Buckton	Bolt 10k	317	57:11	19:18
	Mark Hargreaves	Bolt 10k	495	57:11	19:18
127	Andrew Wells	Bolt 10k	795	57:16	19:23
128	Richard Sheldrake	Bolt 10k	709	57:32	19:39
129	Keith Hurst	Bolt 10k	525	57:49	19:56
130	Daniel Williams	Bolt 10k	808	58:20	20:27
131	Alan Brown	Bolt 10k	892	58:24	20:31
132	Mike Diss	Bolt 10k	392	58:27	20:34
133	Andy Evans	Bolt 10k	426	58:55	21:02
134	Ioannis Vrettos	Bolt 10k	772	58:57	21:04
135	Michael Mehta	Bolt 10k	607	58:58	21:05

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**Bolt 5k, 10k & Half Marathon**  
**Result list**  
**27/03/2010**

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	Paul Rodgers	Bolt 10k	685	58:58 21:05
137	Neal Soleil	Bolt 10k	730	59:00 21:07
138	James Porter	Bolt 10k	662	59:11 21:18
139	Mark Booton	Bolt 10k	303	59:12 21:19
140	JONATHAN WAGHORN	Bolt 10k	773	59:32 21:39
141	Aled Williams	Bolt 10k	813	59:34 21:41
142	Douglas Blyth	Bolt 10k	297	59:49 21:56
143	Timothy Bryant	Bolt 10k	315	59:52 21:59
144	Bruce Jefferies	Bolt 10k	539	1:00:03 22:10
145	John Lowe	Bolt 10k	575	1:00:06 22:13
146	Gawaine Chisholm	Bolt 10k	343	1:00:07 22:14
147	Rob Bowen	Bolt 10k	306	1:00:08 22:15
148	Matt Palmer	Bolt 10k	642	1:00:26 22:33
149	Mark Hargreaves	Bolt 10k	494	1:00:30 22:37
150	Philip -1	Bolt 10k	761	1:00:32 22:39
151	Jonathan Bates	Bolt 10k	281	1:00:36 22:43
152	Angus Montgomery	Bolt 10k	615	1:00:42 22:49
	Steven Lee	Bolt 10k	566	1:00:42 22:49
154	Ian Bush	Bolt 10k	326	1:00:47 22:54
155	Dan Williamson	Bolt 10k	815	1:00:50 22:57
156	Rob Bonner	Bolt 10k	300	1:00:58 23:05
157	Chris Aitken	Bolt 10k	254	1:01:00 23:07
158	David Small	Bolt 10k	720	1:01:03 23:10
159	Nick Garnett	Bolt 10k	455	1:01:05 23:12
160	Ian Noble	Bolt 10k	634	1:01:36 23:43
161	Simon Hagan	Bolt 10k	483	1:01:41 23:48
	Alex Immink	Bolt 10k	528	1:01:41 23:48
163	Mark Francis	Bolt 10k	441	1:01:54 24:01
164	David Skan	Bolt 10k	719	1:02:39 24:46
165	Andrew Morrell	Bolt 10k	617	1:02:41 24:48
166	Peter Woodward	Bolt 10k	821	1:02:43 24:50
167	Keith Leishman	Bolt 10k	567	1:02:54 25:01
168	Clive Crouch	Bolt 10k	378	1:02:57 25:04
169	Kevin Reed	Bolt 10k	674	1:03:01 25:08
170	Kris Mitchell	Bolt 10k	611	1:03:27 25:34
171	Ian Martin	Bolt 10k	585	1:03:29 25:36
172	Chris Page	Bolt 10k	640	1:03:30 25:37
173	Denny Murphy	Bolt 10k	623	1:03:44 25:51
174	Andy Lowe	Bolt 10k	574	1:04:11 26:18
175	David Storey	Bolt 10k	743	1:04:19 26:26
176	Dudley Sharland	Bolt 10k	705	1:04:25 26:32
177	Jon Blake	Bolt 10k	295	1:04:28 26:35
178	Gary Hay	Bolt 10k	1002	1:04:31 26:38
179	Jon G	Bolt 10k	448	1:04:33 26:40
180	Unknown runner with etag 438	Bolt 10k	0	1:04:45 26:52
181	James Davis	Bolt 10k	386	1:05:01 27:08

## Bolt 5k, 10k & Half Marathon Result list 27/03/2010

182	Andy Roberts	Bolt 10k	682	1:05:04	27:11
183	Robert Tatman	Bolt 10k	747	1:05:09	27:16
184	James Fenwick	Bolt 10k	432	1:05:38	27:45
185	Steve Cole	Bolt 10k	353	1:05:43	27:50
186	Matthew Dunstan	Bolt 10k	410	1:05:44	27:51
187	Matthew Hagan	Bolt 10k	484	1:05:55	28:02
188	Philip Butler	Bolt 10k	327	1:06:03	28:10
189	Jason Burley	Bolt 10k	320	1:06:19	28:26
190	Phil Shooter	Bolt 10k	712	1:06:26	28:33
191	Mark Richards	Bolt 10k	679	1:06:27	28:34
192	Garry Collins	Bolt 10k	357	1:06:29	28:36
193	Mark Mathews	Bolt 10k	588	1:06:54	29:01
194	Ross Kimber	Bolt 10k	554	1:07:28	29:35
195	Chris Gale	Bolt 10k	450	1:07:42	29:49
196	Jonathan Sewell	Bolt 10k	704	1:07:52	29:59
197	Alexis Shirliff	Bolt 10k	711	1:08:05	30:12
198	Dominic Booth	Bolt 10k	301	1:09:40	31:47
199	Tony Benham	Bolt 10k	285	1:09:45	31:52
200	Adam Davies	Bolt 10k	383	1:10:18	32:25
201	Matt Kempson	Bolt 10k	549	1:12:32	34:39
202	Peter Hamilton	Bolt 10k	489	1:13:15	35:22
203	Mark Topper	Bolt 10k	756	1:13:33	35:40
204	Ross Forbes	Bolt 10k	440	1:16:28	38:35
205	Graham Cox	Bolt 10k	373	1:16:32	38:39
206	Markys Cain	Bolt 10k	328	1:20:08	42:15
207	Jonathan Halewood	Bolt 10k	486	1:22:34	44:41
208	Christian Holliday	Bolt 10k	515	1:24:36	46:43
209	Philip BurnEtt	Bolt 10k	324	1:32:14	54:21
DNF	Mark Watson	Bolt 10k	786		
Finished209		Entered: 271		Started: 270	

### Female 21Km

Rank	Name	Team	Start no.	Time	Behind
1	Lisa Hale	Bolt 21k	485	1:33:32	00:00
2	Emma Humphrey	Bolt 21k	1014	1:36:16	02:44
3	Rebecca Atkins	Bolt 21k	860	1:37:17	03:45
4	Bronwen Fisher	Bolt 21k	958	1:42:39	09:07
5	Caroline Ovink	Bolt 21k	1098	1:43:09	09:37
6	Eva Rhodes	Bolt 21k	1195	1:44:40	11:08
7	Sue Charter	Bolt 21k	909	1:45:33	12:01
8	Annemarie Turvey	Bolt 21k	1163	1:45:37	12:05
9	Jane Barnes	Bolt 21k	867	1:49:41	16:09
10	Nathalie Thomas	Bolt 21k	1153	1:50:54	17:22
11	Alex Croucher	Bolt 21k	927	1:51:36	18:04

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**Bolt 5k, 10k & Half Marathon**  
**Result list**  
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12	Sarah House	Bolt 21k	1011	1:51:40	18:08
13	Joanna Lynch	Bolt 21k	1055	1:52:30	18:58
14	Susan Boxall	Bolt 21k	882	1:53:04	19:32
15	Melissa Canter	Bolt 21k	902	1:53:23	19:51
16	Claire Lowe	Bolt 21k	1051	1:53:56	20:24
17	Sara White	Bolt 21k	1175	1:54:07	20:35
18	Cecile Salomon	Bolt 21k	1115	1:54:21	20:49
19	Kate Lester	Bolt 21k	1045	1:56:38	23:06
20	Sarah Gordon	Bolt 21k	982	1:58:07	24:35
	Victoria Norris	Bolt 21k	1092	1:58:07	24:35
22	S Glyde	Bolt 21k	981	1:58:56	25:24
23	Helen Gilliatt	Bolt 21k	976	1:59:12	25:40
24	Julie Coleman	Bolt 21k	919	2:00:11	26:39
25	Rachel Hargreaves	Bolt 21k	994	2:00:40	27:08
26	Arlene Armstrong	Bolt 21k	857	2:00:43	27:11
27	Noreen Henderson	Bolt 21k	1005	2:01:24	27:52
28	Sarah Alves de Sousa	Bolt 21k	853	2:01:58	28:26
29	Nicola Henderson	Bolt 21k	1003	2:02:00	28:28
30	Jenny Craig	Bolt 21k	924	2:02:16	28:44
31	Justine Bush	Bolt 21k	899	2:02:18	28:46
32	Kryisia Broda	Bolt 21k	889	2:02:43	29:11
33	Georgie Sutcliffe	Bolt 21k	1140	2:02:59	29:27
34	Caroline Irwin	Bolt 21k	1016	2:04:07	30:35
35	Amber Martin	Bolt 21k	1062	2:05:14	31:42
36	Bonnie Johnson	Bolt 21k	1023	2:05:28	31:56
37	Kelly McLain	Bolt 21k	1070	2:06:42	33:10
38	Christopher Hammond	Bolt 21k	991	2:06:59	33:27
39	Judy Davies	Bolt 21k	931	2:07:46	34:14
40	Jo Massie	Bolt 21k	1063	2:07:50	34:18
41	Hazel Swinton	Bolt 21k	1143	2:10:45	37:13
42	Jenny Young	Bolt 21k	1194	2:11:06	37:34
43	Sarah Hall	Bolt 21k	988	2:11:45	38:13
44	Lauren Beckett	Bolt 21k	870	2:12:35	39:03
45	Silja-Elisa Kujala	Bolt 21k	1037	2:13:39	40:07
46	Gurti Meyrick	Bolt 21k	1075	2:14:05	40:33
47	Alexis Church	Bolt 21k	915	2:14:20	40:48
48	Johanna Anderson	Bolt 21k	855	2:16:13	42:41
49	Shelley Paterson	Bolt 21k	1099	2:16:17	42:45
50	Brenda Donnelly	Bolt 21k	939	2:16:19	42:47
51	Rebecca Vance	Bolt 21k	1166	2:16:41	43:09
52	Shirley Fletcher	Bolt 21k	960	2:16:48	43:16
53	Lucy Luntz	Bolt 21k	1053	2:17:26	43:54
54	Laura McBrown	Bolt 21k	1067	2:17:37	44:05
55	Frances Wilson	Bolt 21k	1184	2:18:25	44:53
56	Sarah Litchfield	Bolt 21k	1047	2:18:58	45:26
57	Samantha Yeldham	Bolt 21k	1193	2:21:57	48:25

## Bolt 5k, 10k & Half Marathon Result list 27/03/2010

58	Stephanie Ball	Bolt 21k	865	2:23:37	50:05
59	Anne Milton	Bolt 21k	1077	2:24:01	50:29
60	Hannah Skelton	Bolt 21k	1131	2:24:09	50:37
61	Debbie Fleming	Bolt 21k	959	2:26:18	52:46
62	Kym Sanderson	Bolt 21k	1116	2:26:55	53:23
63	Rhoda Ogan	Bolt 21k	1097	2:29:19	55:47
64	Emma Church	Bolt 21k	916	2:29:35	56:03
65	Clair Jordan	Bolt 21k	1029	2:29:37	56:05
66	Sarah Collins	Bolt 21k	921	2:30:23	56:51
67	Coreena Lofting	Bolt 21k	1049	2:32:35	59:03
68	Lesley Todd	Bolt 21k	1157	2:33:19	59:47
69	Emma Erangey	Bolt 21k	950	2:34:12	1:00:40
70	Mary Fargher	Bolt 21k	956	2:36:10	1:02:38
71	Caroline Elston	Bolt 21k	948	2:37:28	1:03:56
72	Elle Denning	Bolt 21k	934	2:44:19	1:10:47
DNF	Cathy Whittington	Bolt 21k	1178		
DNF	Derah Arav	Bolt 21k	856		
Finished72		Entered: 103		Started: 103	

### Male 21Km

Rank	Name	Team	Start no.	Time	Behind
1	Lee Kemp	Bolt 21k	1031	1:16:25	00:00
2	Gordon Croucher	Bolt 21k	926	1:23:50	07:25
3	Dan Falconar	Bolt 21k	955	1:25:32	09:07
4	Leighton Aspell	Bolt 21k	859	1:26:19	09:54
5	Shane O'Connor	Bolt 21k	1094	1:27:33	11:08
6	Sam Williams	Bolt 21k	1180	1:28:21	11:56
7	Mark Thompson	Bolt 21k	1155	1:29:04	12:39
8	Ondrej Bloudek	Bolt 21k	880	1:29:14	12:49
9	Mark Glaister	Bolt 21k	979	1:29:22	12:57
10	Peter Chapman	Bolt 21k	907	1:30:16	13:51
11	Geoff Dillon	Bolt 21k	935	1:30:30	14:05
12	Andy Rickards	Bolt 21k	1113	1:33:19	16:54
13	James Neil	Bolt 21k	1088	1:34:00	17:35
14	Phil Wright	Bolt 21k	1190	1:34:09	17:44
15	Russell Mimms	Bolt 21k	1078	1:35:28	19:03
16	Yannick Le Moine	Bolt 21k	1043	1:35:50	19:25
17	Christian Taylor	Bolt 21k	1151	1:36:13	19:48
18	Rhys Henderson	Bolt 21k	1004	1:36:43	20:18
19	Nigel Knell	Bolt 21k	1035	1:36:58	20:33
20	Simon Trehearn	Bolt 21k	1159	1:37:41	21:16
21	Alan Hanley	Bolt 21k	992	1:37:46	21:21
22	Mattias Johansson	Bolt 21k	1021	1:37:47	21:22
23	Nick Shaylor	Bolt 21k	1125	1:37:50	21:25

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## Bolt 5k, 10k & Half Marathon Result list 27/03/2010

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24	Warren Lloyd	Bolt 21k	1048	1:38:06	21:41
25	Matthew Shurville	Bolt 21k	1129	1:38:41	22:16
26	Ben Hughes	Bolt 21k	1013	1:38:49	22:24
27	Rob Jenkinson	Bolt 21k	1020	1:39:32	23:07
28	Guy Surtees	Bolt 21k	1139	1:39:41	23:16
29	Graham Buckle	Bolt 21k	894	1:39:55	23:30
30	Tim Oberg	Bolt 21k	1093	1:40:03	23:38
31	Peter Gale	Bolt 21k	971	1:40:04	23:39
32	Gary Mayhew	Bolt 21k	1066	1:40:41	24:16
33	Andrew Glendinning	Bolt 21k	980	1:40:47	24:22
34	Phil Morel	Bolt 21k	1084	1:40:56	24:31
35	Shaun Satterthwaite	Bolt 21k	1118	1:41:13	24:48
36	Tony Britten	Bolt 21k	888	1:41:49	25:24
37	Iain Ure	Bolt 21k	1165	1:41:52	25:27
38	Martyn Blake	Bolt 21k	878	1:42:12	25:47
39	Michael Clifton	Bolt 21k	918	1:42:37	26:12
	Mark Colley	Bolt 21k	920	1:42:37	26:12
41	Andrejs Dombrovskis	Bolt 21k	938	1:42:44	26:19
42	Alex White	Bolt 21k	1177	1:42:45	26:20
43	Simon Chapman	Bolt 21k	908	1:42:49	26:24
44	Carl Hodge	Bolt 21k	1007	1:43:03	26:38
	Daryll Bunce	Bolt 21k	895	1:43:03	26:38
46	Mark Offer	Bolt 21k	1096	1:43:17	26:52
47	Geoff Wilson	Bolt 21k	1187	1:43:22	26:57
48	Duncan Kerr	Bolt 21k	1032	1:43:24	26:59
49	David Brinck	Bolt 21k	887	1:43:42	27:17
50	Conrad Jooste	Bolt 21k	1028	1:43:51	27:26
51	Jonty Whittleton	Bolt 21k	1179	1:44:06	27:41
52	Tim Landucci	Bolt 21k	1041	1:44:07	27:42
53	Simon Gilbert	Bolt 21k	975	1:44:19	27:54
54	Alex Church	Bolt 21k	914	1:45:28	29:03
55	Doug Cackett	Bolt 21k	900	1:46:07	29:42
56	Stefan Wills	Bolt 21k	1182	1:46:09	29:44
57	Robbie Bennett	Bolt 21k	872	1:46:13	29:48
58	Sam Jones	Bolt 21k	1027	1:46:33	30:08
59	Robbie Wilson	Bolt 21k	1186	1:46:34	30:09
60	James Blackwell	Bolt 21k	877	1:46:48	30:23
61	Daniel Chandler	Bolt 21k	906	1:47:22	30:57
62	Ala Elkour	Bolt 21k	946	1:47:24	30:59
63	Vincent Jack	Bolt 21k	1017	1:47:28	31:03
64	Paul Wright	Bolt 21k	1189	1:47:31	31:06
65	Jonathan Knott	Bolt 21k	1036	1:47:43	31:18
66	Peter Nicholl	Bolt 21k	1090	1:48:11	31:46
67	David Crockwell	Bolt 21k	925	1:48:20	31:55
68	Neil Chinniah	Bolt 21k	913	1:48:23	31:58
69	Oscar Gutierrez	Bolt 21k	986	1:49:06	32:41

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## Bolt 5k, 10k & Half Marathon Result list 27/03/2010

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70	Richard Brown	Bolt 21k	890	1:49:24	32:59
71	Paul Fenton	Bolt 21k	957	1:49:29	33:04
72	Jonathan Smith	Bolt 21k	1133	1:49:35	33:10
73	Paul Hetherton	Bolt 21k	1006	1:49:47	33:22
74	Will Harris	Bolt 21k	244	1:49:59	33:34
75	Peter Barnes	Bolt 21k	868	1:50:01	33:36
76	Paul Trim	Bolt 21k	1160	1:50:29	34:04
77	Nigel Mountjoy	Bolt 21k	1086	1:50:59	34:34
78	Igor Ukrasin	Bolt 21k	1164	1:51:16	34:51
79	Forbes Hamilton	Bolt 21k(with Dog)	990	1:51:19	34:54
80	Joe House	Bolt 21k	1010	1:51:40	35:15
81	Nick Poulter	Bolt 21k	1106	1:51:53	35:28
	Max Burns	Bolt 21k	897	1:51:53	35:28
83	Ross Risby	Bolt 21k	1114	1:51:55	35:30
84	Sebastian Fox	Bolt 21k	964	1:51:59	35:34
85	Peter Doman	Bolt 21k	937	1:52:11	35:46
	Gary Patterson	Bolt 21k	1100	1:52:11	35:46
87	Keith Walker	Bolt 21k	1168	1:52:42	36:17
	Julian White	Bolt 21k	1176	1:52:42	36:17
89	Karl Seward	Bolt 21k	1122	1:52:45	36:20
90	Oscar Kirkpatrick	Bolt 21k	1034	1:52:53	36:28
91	David Metcalfe	Bolt 21k	1074	1:53:22	36:57
92	William Tantam	Bolt 21k	1149	1:53:25	37:00
93	Robert McKay	Bolt 21k	1069	1:53:30	37:05
94	Andrew Bremner	Bolt 21k	885	1:53:38	37:13
95	Steve Tagg	Bolt 21k	1146	1:53:39	37:14
96	Brent Stephan	Bolt 21k	1138	1:54:10	37:45
97	Clive Thomas	Bolt 21k	1154	1:54:16	37:51
98	Gareth Morgan	Bolt 21k	1085	1:54:38	38:13
99	Mark O'Donnell	Bolt 21k	1095	1:54:48	38:23
100	Scott Murray	Bolt 21k	1087	1:54:53	38:28
101	Graham French	Bolt 21k	966	1:54:58	38:33
	Calum Covell	Bolt 21k	923	1:54:58	38:33
103	Tom Smith	Bolt 21k	1134	1:54:59	38:34
104	Sam Tucker	Bolt 21k	1161	1:55:03	38:38
105	Robert Cooper	Bolt 21k	922	1:55:11	38:46
106	Mike Hall	Bolt 21k	1200	1:55:27	39:02
107	Chris Newman	Bolt 21k	1089	1:55:31	39:06
108	Scott Piddington	Bolt 21k	1105	1:55:32	39:07
109	Paul Blizzard	Bolt 21k	879	1:56:04	39:39
110	Edward Makgill	Bolt 21k	1058	1:56:49	40:24
111	David Sheehan	Bolt 21k	1127	1:56:57	40:32
112	Henry Gibson	Bolt 21k	974	1:57:11	40:46
113	Matt Treadgold	Bolt 21k	1158	1:57:15	40:50
114	Alan Dixon	Bolt 21k	936	1:57:42	41:17
115	Richard Fulchiron	Bolt 21k	967	1:57:53	41:28

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**Bolt 5k, 10k & Half Marathon**  
**Result list**  
**27/03/2010**

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116	Mark Tantam	Bolt 21k	1148	1:58:15	41:50
117	Stuart Smith	Bolt 21k	1136	1:58:25	42:00
118	Nigel Weston	Bolt 21k	1174	1:59:09	42:44
119	Andrew Ford	Bolt 21k	962	1:59:14	42:49
	Alex Sheedy	Bolt 21k	1126	1:59:14	42:49
121	Mathew Jackson	Bolt 21k	1018	1:59:17	42:52
122	Chris Sharp	Bolt 21k	1123	1:59:24	42:59
123	Tony Walker	Bolt 21k	1169	1:59:26	43:01
	Paul Chandler	Bolt 21k	905	1:59:26	43:01
125	Tunde Adeyemo	Bolt 21k	852	2:00:23	43:58
126	Taka Wu	Bolt 21k	1192	2:01:15	44:50
127	Niall Lynch	Bolt 21k	1054	2:02:09	45:44
128	Daniel Avenell	Bolt 21k	861	2:02:17	45:52
	James Norbury	Bolt 21k	1091	2:02:17	45:52
130	Jon Kaye	Bolt 21k	1030	2:02:38	46:13
131	Rob Mackenzie	Bolt 21k	1056	2:02:39	46:14
132	Ray Gross	Bolt 21k	985	2:02:45	46:20
133	Andrew Essa	Bolt 21k	951	2:02:54	46:29
134	Matt Fynn	Bolt 21k	970	2:03:25	47:00
135	Adam Clark	Bolt 21k	917	2:04:51	48:26
136	Dan Wallace	Bolt 21k	1170	2:07:23	50:58
137	Peter Woolley	Bolt 21k	1188	2:08:10	51:45
138	James Johnson	Bolt 21k	1022	2:09:53	53:28
139	GRAEME BROWN	Bolt 21k	891	2:10:01	53:36
140	Jonathan Rhodes	Bolt 21k	1112	2:10:38	54:13
141	David Gentry	Bolt 21k	973	2:10:40	54:15
142	Roger Mitchell	Bolt 21k	1080	2:10:48	54:23
143	Thomas Mitchell	Bolt 21k	1081	2:10:49	54:24
144	Philip Wilson	Bolt 21k	1183	2:11:32	55:07
145	Anthony Duthoit	Bolt 21k	942	2:11:45	55:20
146	Paul Donnelly	Bolt 21k	940	2:12:35	56:10
147	James Hatch	Bolt 21k	1001	2:12:46	56:21
148	Peter Symms	Bolt 21k	1145	2:13:25	57:00
149	Nige Webber	Bolt 21k	1171	2:13:50	57:25
150	Jack Furniss	Bolt 21k	968	2:14:32	58:07
151	Jonathan Hall	Bolt 21k	989	2:14:33	58:08
152	Christopher Sykes	Bolt 21k	1144	2:14:54	58:29
153	Ian Matthews	Bolt 21k	1064	2:14:55	58:30
154	Bobby Mitchell	Bolt 21k	1079	2:15:37	59:12
155	Rik Vercoe	Bolt 21k	1167	2:16:14	59:49
156	Gary Brice	Bolt 21k	886	2:16:41	1:00:16
157	Tony Poyser	Bolt 21k	1109	2:16:47	1:00:22
158	Paul Eastabrook	Bolt 21k	943	2:17:27	1:01:02
159	Steve Reeves	Bolt 21k	1111	2:18:15	1:01:50
160	Harry Scott	Bolt 21k	1120	2:18:28	1:02:03
161	David Harby	Bolt 21k	993	2:19:24	1:02:59

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**Bolt 5k, 10k & Half Marathon**  
**Result list**  
**27/03/2010**

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162	Grant Carroll	Bolt 21k	903	2:19:25	1:03:00
163	Roger Eustis	Bolt 21k	952	2:19:38	1:03:13
164	James Weller	Bolt 21k	1172	2:20:14	1:03:49
165	Steve Flook	Bolt 21k	961	2:22:39	1:06:14
166	Stephen Ball	Bolt 21k	866	2:23:38	1:07:13
167	James Harris	Bolt 21k	997	2:23:59	1:07:34
168	Johannes Schiff	Bolt 21k	1119	2:24:09	1:07:44
169	Stephen Pidcock	Bolt 21k	1104	2:24:31	1:08:06
170	Jon Grace	Bolt 21k	984	2:26:05	1:09:40
171	Derek Smith	Bolt 21k	1135	2:26:11	1:09:46
172	Matt Dorey	Bolt 21k	941	2:26:56	1:10:31
173	Ste Lander	Bolt 21k	1040	2:27:35	1:11:10
174	John Baitup	Bolt 21k	863	2:29:39	1:13:14
175	Richard Redding	Bolt 21k	862	2:31:22	1:14:57
	Ian Barber	Bolt 21k	854	2:31:22	1:14:57
177	Simon Lofting	Bolt 21k	1050	2:32:24	1:15:59
178	Steve Faerber	Bolt 21k	954	2:37:28	1:21:03
179	David Beckett	Bolt 21k	871	2:41:39	1:25:14
180	Henry Pearson	Bolt 21k	1199	2:44:12	1:27:47
181	Gareth Matthews	Bolt 21k	1065	2:45:44	1:29:19
182	Darren Harris	Bolt 21k	996	2:49:39	1:33:14
DNF	Dale Askew	Bolt 21k	858		
DNF	Jonathan Ford	Bolt 21k	963		
DNF	Steve Davis	Bolt 21k	932		
DNF	Richard Lucas	Bolt 21k	1052		
Finished182		Entered: 234		Started: 234	

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Total: Group Count: 911